

**HIV/AIDS Curriculum
Grade 8**

**Puyallup School District
Adapted from the KNOW Curriculum
and the Puyallup School District HIV/AIDS Curriculum
2004**

HIV/AIDS Curriculum
8th Grade Lesson Plans

Grade 8 – Day 1

Objectives:

1. Distinguish among:
 - a. AIDS
 - b. HIV Positive
 - c. Asymptomatic HIV carrier
2. Name the four body fluids that transmit HIV.
3. Explain modes of transportation and high risk behaviors.
4. Recognize the necessity of abstinence in preventing an STD, including AIDS.
5. Discuss the AIDS antibody test.
6. Understand that under certain circumstances, anyone can contract the disease.

Materials:

1. AIDS transparencies # 1 – 7.
2. Behavior worksheet.

Grade 8 - Day 2

Objectives:

1. Identify abstinence from sexual intercourse as the only certain means for prevention of HIV/AIDS through sexual contact.
2. Recognize that he or she can say "no" to sex and drugs and not lose friends.
3. Identify the influence of peers in decisions they make.

Materials:

1. Video: Storm Warnings: Teenagers and AIDS
 - a. The Media Guild
 - b. 20 minutes
 - c. Review question
2. Transparencies:
 - a. HIV/AIDS Population
 - b. Reported AIDS Cases
 - c. HIV/AIDS Stages of Infection
 - d. HIV/AIDS Transmission

Procedure:

1. Preview questions associated with the video
2. Show the video
3. Discuss questions
4. Go over transparencies
 - a. HIV/AIDS Transmission
 - b. HIV/AIDS Stages of Infection
 - c. HIV/AIDS Population
 - d. Reported Cases

GRADE 8-DAY 3.

OBJECTIVES:

1. Explore attitudes about AIDS and listen to the opinions of peers.
2. Prepare for real-life situations which students or their friends may encounter.
3. Clarify and reinforce the concept that AIDS is not spread through casual contact.

MATERIALS:

1. One set of situation cards 1-5

PROCEDURE:

1. Discuss the difference between "reasonable concern" and "unreasonable fear".
2. Use situation cards in small groups to practice identifying feelings and solving problems around the issue of AIDS.
3. Discuss as a whole class and summarize the activity.
4. Assign homework. (optional)

HIV/AIDS CURRICULUM
JUNIOR HIGH
GRADE 8 LESSON PLANS

GRADE 8-DAY 1

OBJECTIVES:

1. Distinguish among:
 - a. AIDS
 - b. HIV Positive (formerly called "ARC")
 - c. Asymptomatic HIV carrier
2. Name the four body fluids which transmit HIV.
3. Explain modes of transportation and high risk behaviors.
4. Recognize the necessity of abstinence in preventing an STD, including AIDS.
5. Discuss the AIDS antibody test.
6. Understand that under certain circumstances, anyone can contract the disease.

MATERIALS:

1. AIDS transparencies #1-7.
2. Behavior worksheet.

PROCEDURE:

1. Explain the lesson's purpose and relevance, using Transparency 1.
2. Define AIDS and its effects on the body with Transparency 2.
3. Discuss transmission with Transparency
4. Elaborate on the blood test with transparency 4.
5. Address kissing as a means of transmission; dispel fears, with transparency 5.
6. Explain who is vulnerable to HIV with Transparency 6.
7. Dispel other myths and unfounded fears about transmission with Transparency 7.
8. Use the "Behavior Worksheet" to discuss the correlation between behaviors and HIV infection.

A.I.D.S. Transparency 1

**Why do teens
need to know about
A.I.D.S.,
when most people
who have it
are adults?**

A.I.D.S. Transparency 2

What is
A.I.D.S.?

**How does
a person get
A.I.D.S.?**

A.I.D.S. Transparency 4

What's the blood test?

A.I.D.S. Transparency 5

Can people
get it
from kissing?

A.I.D.S. Transparency 6

**Who can catch
A.I.D.S.?**

A.I.D.S. Transparency 7

**Can people get it
other ways,
besides having
sex with, or
sharing needles
with, someone who
has the virus?**