

Family Life and Sexual Health (F.L.A.S.H.)

Grades 7 and 8

Requirements and Redactions

Here is a quick snapshot of the F.L.A.S.H. Lessons that will be used in grades 7 and 8 to teach sexual health education:

Lessons	Topic	Grade 7	Grade 8
1	Unit Introduction	R	R
2	Puberty	R	
3	Sexual Health and Hygiene	R	
4 and 5	Sexually Transmitted Diseases		R
6 and 7	Reproductive System		R
8 and 9	Pregnancy		R
10 and 11	Decision-Making and Teen Parenthood	X	X
12 and 13	Touch and Abstinence	X	X
14	Birth Control		R
15	Resource People	X	District Handout Only
16-20	Communication	X	X
21-24	HIV/AIDS	KNOW Curriculum	KNOW Curriculum

R = Required

O = Optional

X = Not Used

In addition, the following redactions will be made to the lessons:

Lessons 1, 2, and 3 are required for 7th grade health.

Page 2-3: On Activity #3, use same gender partners for this activity. Do not have them share to large group but just turn in assignment so you can read responses to class.

Page 2-11, 12: Use this as a handout only.

Page 2-14 has been omitted.

Page 3-3: On # 2, Have students complete “Sexual Health and Hygiene Reference Sheet” individually or in pairs. Then go over the answers with the class.

Page 3-9: Omit the Family Homework Exercise. It has been removed from your notebook.

Page 3-13, 14, and 15 should not be used and have been removed from your notebook.

Teach Lessons 4 and 5 after Lesson 14 in 8th grade Health—Be sure to address permanent consequences and disease “activity”

Page 4-3: Teach the content but do not do the brainstorming activity.

Page 4-10: On #15, do not include the requirement to tell your partner. On #16, for resources, use the Pierce County Health Department web site.

Page 5-6 has been omitted.

Lessons 6, 7, 8, and 9 are required in 8th grade Health

Page 6 & 7-11,12: The committee recommended adding a game card: True or False? Breast size impacts a woman’s ability to nurse their baby. They want you to omit the True or False? card that asks if Alcohol makes a person more sexual.

Page 6 and 7 – 18 has been omitted.

Page 8 & 9-23: Do not use the resources listed on this page. Use the Puyallup School District Resources handout which has committee approval.

Page 8 & 9 – 25 has been omitted.

Lesson 14 is required in 8th grade Health.

Page 14-6: Use the Puyallup School District Resources handout which has committee approval.

Pages 14-13, 14, 15 have been omitted.

Lessons 15 through 24 have been omitted. HIV/AIDS instructions should be completed using the KNOW curriculum materials.

Oral sex is not discussed in grades 7 and 8. This topic is still under review.