

## Puyallup School District Wellness Committee Meeting

4/9/2018 10:00 | Meeting called to order by Corine Pennington, Chief Financial Officer

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### In Attendance

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Judy Bender

Heather Larson

Robin Osborn

Corine Pennington

Maija Thiel

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### Wellness Policy Review 6700

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The district wellness policy was reviewed using the Wellness Policy Assessment Tool by grade level. Several minor updates need to be addressed with regards to titles, web site address, and small typographical errors. Attached are the updates that will be completed. Judy Bender will provide those details to the Superintendent's office for updating on the School District website:

<https://www.puyallup.k12.wa.us/cms/One.aspx?portalId=141151&pageId=2952531>

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### Committee Representative Roles & Responsibilities

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All members are required to meet annually to monitor and review the current District wellness policy (6700), specifically focusing on comprehensive curriculum on health, fitness and nutrition consistent with the Washington State Learning Standards. In addition, wellness committee representatives will continue to actively monitor health practices in their operational areas for compliance with district wellness programs that promote student health and well-being.

Corine Pennington, CFO; Superintendent designee

Judy Bender, Director Logistics & Nutrition Services; USDA meal compliance

Heather Larson, Director of Accounting & Purchasing; Vending compliance

Robin Osborn, Assistant Director, Logistics & Secondary Nutrition Services; a la carte food sales compliance

Maija Thiel, Director of Instructional Leadership, CTE; DECA & Student store program compliance

Rick Wells, Director of Instructional Leadership, Athletics, Health & Fitness; Health & Fitness Curriculum compliance

Christine Moloney, Chief Academic Officer #1 (Emerald Ridge HS; Glacier View and Ferrucci Junior Highs; Edgerton, Hunt, Pope, Ridgecrest, Shaw Road, Sunrise, Wildwood Elementary Schools); PTA/ASB/PTO intermittent fund raiser food sales compliance.

John Parker, Chief Academic Officer #2 (Rogers HS; Stahl and Ballou JH; Brouillet, Carson, Firgrove, Woodland, Zieger Elementary Schools); PTA/ASB/PTO intermittent fund raiser food sales compliance.

Brian Lowney, Chief Academic Officer #3 (Puyallup and Walker HS; Aylen, Edgemont, Kalles JH: Fruitland, Karshner, Maplewood, Meeker, Mt. View, Spinning, Stewart, Waller Road Elementary Schools); PTA/ASB/PTO intermittent fund raiser food sales compliance.

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## Subcommittee Reports

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USDA Program –Director Nutrition Services & Logistics Support (Judy Bender) Confirmed compliance regarding providing wholesome and nutritious lunches for all children, offering free/reduced price meals to students in families that are eligible, making every effort to protect the identity of these students and working with families that appeal the decision made regarding the application. There was discussion regarding the new charge policy legislation going into effect for the next school year (2018/2019), House Bill 2610

Health and Fitness Curriculum – Director Athletics Health and Fitness (Rick Wells) – Maija Thiel (temporary representative for Rick Wells) confirmed the appropriate curriculum is in place. The superintendent will adopt and implement a comprehensive health and fitness curriculum consistent with the Washington State Learning Standards. The curriculum will provide opportunities for developmentally appropriate instruction for grades K-12. Evaluation procedures will utilize classroom-based assessments or other strategies.

1. All students in grades 1 through 8 are required to participate in physical education. This includes instruction and practice in basic movement and fine motor skills, progressive physical fitness, and wellness activities through age appropriate activities. All high school students are required to complete 2 credits of health and fitness unless they qualify for a waiver or have individual needs that preclude participation. The district encourages all high schools to offer a variety of health and fitness classes for each grade in high school.
2. Suitable adapted physical education will be included as part of individual education plans for students with chronic health problems, other disabling conditions, or other special needs that preclude such student's participation in regular physical education instruction or activities.
3. In addition to required physical education, students at the elementary level should have the opportunity to participate in daily recess and physical activity. The district will provide daily recess period(s) for elementary school students, featuring time for unstructured but supervised active play. The district encourages co-curricular physical activity programs, including fully inclusive intramural programs and physical activity clubs; and to promote the use of school facilities for physical activity programs offered by the school and/or community-based organizations outside of school hours.

a la Carte Food Sales- Asst. Director Logistics & Secondary Nutrition (Robin Osborn) – confirmed all a la carte sales meet smart snack standards. Provided documentation of menu items, including the menu itself, labels, manufacturer's production formulation statement, nutrition label, CN label (if appropriate), product recipe and Alliance for a Healthier Generation Calculator print out.

DECA Program and Student Stores -Director Instructional Leadership, CTE (Maija Thiel) – confirmed all student stores have provided documentation for menu items offered to students. Brought and reviewed DECA store submittals for smart snack items demonstrating compliance with district policy.

Vending Programs- Director Accounting (Heather Larson) – Provided lists of current beverage and food items available in district vending machines contracted by current vending company. The lists contained only smart snack approved items. Also discussed vendor-provided items that are non-compliant. Vending

machines containing non-compliant items are remotely controlled, so they are not dependent on on-site managing and are set to meet the timing requirements.

PTA/ASB/PTO Intermittent Fund Raisers- Building Principal Specific –A discussion was held regarding the importance of Principals reviewing and approving food items submittals from PTAs in advance of any food or beverage sales in schools.

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### Follow-up

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- Corine Pennington assigned Heather Larson to email all the Principals to confirm they have received submittals and reviewed and approved them in order to be in compliance with all smart snack standards.
- Provide school specific information for audit for next year.
- Contact Principals in November 2018 to confirm PTA/ASB/PTO have provided updated information regarding smart snack compliance for food/beverage sales for 18/19 school year.

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### Next Meeting

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TBD, must be annual to remain in compliance.

Adjourned at 11:00 AM